

Acute and chronic inflammation. Inflammatory lesions of the oral cavity.

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I. Microspecimens:

<u>No</u> OP 1. Periapical granuloma. (H-E. stain). Indications:

- 1. Fibrous tissue.
- 2. Inflammatory infiltration predominantly with plasmocytes.

Periapical granuloma is a localized mass at the periapical region of inflamed fibrous or granulation tissue often with an inflammatory infiltrate of lymphocytes variably intermixed with neutrophils, plasma cells, histiocytes, mast cells and eosinophils. Occasionally scattered hyaline bodies which appear as small circumscribed pools of eosinophilic material that exhibit a corrugated periphery of condensed collagen, often surrounded by lymphocytes and multinucleated giant cells can be seen. Epithelial rests of Malassez, cholesterol clefts with multinucleated giant cells, red blood cells and areas of hemosiderin pigmentation may be identified within granulation tissue .

It represents $\sim 75\%$ of apical inflammatory jaw lesions and 50% of apical inflammatory jaw lesions that failed to respond to root canal therapy. Pathophysiology - Bacteria or trauma incites an inflammatory response, possibly necrosis, or permits bacteria to invade dental pulp and cause pulpitis. Formation of apical inflammatory lesions represents a defensive reaction secondary to the presence of microbial infection in the root canal with spread of related toxic products into the apical zone. Initially, the defense reaction eliminates noxious substances that exit the apical or lateral canals. With time, however, the host reaction becomes less effective with microbial invasion or spread of toxins into the apical area of tooth bearing areas of the jaws. It is caused by trauma, carious lesion or bacterial colonization of developmental anomaly or diseased dental structures affecting tooth injuries dental pulp. Macroscopically soft tissue may be adherent to root apex of an extracted tooth, may be firm (if fibrotic) or soft, may be granular and hemorrhagic (with extensive vascular proliferation).

Prognostic factors - Vast majority have excellent prognosis after treatment. True periapical granulomas do not recur after appropriate treatment and are not premalignant, if left untreated, may develop into a periapical cyst or become secondarily acutely infected and develop into a periapical abscess, which can extend through bone and soft tissues and, less commonly, skin. Intraosseous fibrous scars are possible, especially when both cortical plates have been lost; this can give the radiographic appearance of a persistent radiolucent lesion.

<u>No</u> OP8. Fibroepithelial polyp. (H-E. stain). Indications:

- 1. Surface keratinized squamous epithelium with hyperkeratosis.
- 2. Fibrous connective tissue.

The fibroepithelial polyp represents a well-delimited nodular mass with smooth surface and pink color with a diameter of 1.5 cm. Morphologically, it is represented by stratified squamous epithelium with hyperkeratosis and the underlying stroma of connective tissue with dense bundles of collagen fibers and moderate lymphocytic inflammatory infiltration.

It can appear anywhere on the mucosa of the oral cavity, but more often on the gum, tongue or lip. It is caused by minor trauma or irritation, usually due to accidental bites. Fibroepithelial polyp is small and generally painless. It rarely continues to grow, unlike papillomas and fibromas, which have similar clinical images. Is usually single, but occasionally can be multiple. Eliminating the irritant and excision is the treatment of choice.

<u>No</u> OP 36. Acute osteomyelitis of the mandible. (H-E. stain). Indications:

- 1. Bone marrow characterized by the presence of neutrophils and fibrin.
- 2. Bone resorption.

Microspecimen, represented by bone tissue, is characterized by the presence in the bone marrow of inflammatory neutrophilic exudate associated with a decrease of osteoblastic activity and an increase of osteoclastic activity

Gross appearance - Fragments of irregular bone (+/- teeth) with purulent to necrotic marrow.

Infectious lesions of the jaws called osteitis and osteomyelitis are processes triggered by the penetration of pathogenic germs into the bone tissue. Osteitis means an infectious process located in the bone cortex and alveolar process, but osteomyelitis, an inflammatory process that encompasses the entire bone, both cortical and medullary. Of the total bone infections, the infections of the maxillary bones represent over 50%, this fact being due to specific aspects, namely the presence of gangrenous teeth, associated with the periapical processes, periodontal lesions, mandibular fractures, etc. Infectious processes are more interested in the mandible than the maxilla, because the maxilla has a spongy bone structure and a rich vascularization, unlike the mandible where the cortex is thick, the circulation is largely terminal, and the mandibular canal is a may of disseminating of local septic processes. Inoculation with pathogenic germs is done either directly or hematogenously.

Acute osteomyelitis is mainly determined by staphylococcal infection, has a sudden onset, with swelling of the respective area, and the overlying skin shows signs of acute inflammation. Acute osteomyelitis is mainly determined by staph infection, has a sudden onset, with swelling of the respective area, and the overlying skin shows signs of acute inflammation. Also, the buccal mucosa is edematous, congestive, and the teeth are painful, mobile and sensitive spontaneously or to percussion. The general condition is altered associated with fever, regional lymphadenopathy and leukocytosis. After the appearance of the abscesses and their fistulization at the level of the tegument or mucosa the general condition improves.

<u>No</u> 130. Chronic sialadenitis. (*H*-*E*. stain). Indications:

- 1. Inflammatory infiltration in the interlobular stroma.
- 2. Dilatated ducts.
- 3. Periductal proliferation of connective tissue.
- 4. Glandular tissue.

Section through parotid salivary glan. Predominantly lymphoid inflammatory infiltration is observed, located in interlobular stroma; the ducts are dilated, around them proliferation of connective tissue is noticed, the secretory acini are slightly atrophied.

Sialoadenitis - inflammation of the salivary gland can be acute or chronic, primary or secondary. Nonspecific chronic sialoadenitis is more commonly secondary and is encountered in sialolithiasis, strictures of the ducts, treatment with medicines, which cause hyposalivation, chronicization of acute sialoadenitis, caused by repeated ascending infection. Chronic interstitial inflammation leads to diffuse sclerosis of the salivary gland and atrophy of the secretory tissue.

II. Macrospecimens: <u>№</u> 11. Fibrinous pericarditis.

The epicardium is opaque, the surface is irregular, covered with yellowish-white deposits of fibrin in the form of villi, which appear due to the contractile movements of the heart. The heart gets a hairy or " tongue of a cat" appearance (villous heart). Fibrin deposits are flaccid and detach slightly (croupous inflammation).

Fibrinous pericarditis is encountered in rheumatic fever, tuberculosis, transmural myocardial infarction, uremia, etc. At auscultation it is manifested by pericardial friction noise. Consequences: resorption of fibrinous exudate due to the fibrinolytic action of leukocyte enzymes or its organization with formation of adhesions between pericardial leaves and obliteration of the pericardial sac. Over time, calcium salts are deposited in the sclerosed pericardium and the "heart in cuirass" appears, which is clinically manifested by progressive chronic heart failure.

<u>No</u> 33. Lobar pneumonia (grey hepatisation stage).

The affected lobe is enlarged in size, not aerated, of firm consistency (similar to the consistency of the liver), the section has a granular appearance, gray color due to the deposit in the alveoli of the fibrinous exudate with a rich content of neutrophilic leukocytes and macrophages; fine deposits of fibrin (parapneumonic fibrinous pleurisy) are observed on the pleura.

The gray hepatization occurs over 4-5 days after the onset of the disease. Subsequently, in the uncomplicated cases, in 8-9 days the lysis of the exudate begins by the fibrinolytic action of leukocytes and macrophages and its elimination by lymphatic drainage and expectoration. Finally, the affected lung is cleansed and the ventilation is restored, which may take 1-3 weeks. Pleural fibrinous exudate is resorbed or organized with the formation of fibrous adhesions between the pleural sheets. In about 3% of cases, alveolar exudate does not liquefy and is replaced by granulation tissue, which is transformed into mature connective tissue (organization) - post-pneumonic fibrosis. Other possible pulmonary complications are pulmonary abscess and pleural empyema. Extrapulmonary complications: purulent pericarditis, mediastinitis, bacterial endocarditis, hematogenous dissemination of infection with low immunity.

<u>No</u> 34. Fibrinous pleuritis.

Visceral sheet of the pleura is covered with a fine membrane of whitish fibrin, partially attached to the pleura which gives it a rough appearance. Fibrinous pleuritis manifests at auscultation through pleural friction noise.

It is encountered in tuberculosis, pneumonia, infarction and abscess of lungs, uremia, rheumatoid arthritis, systemic lupus erythematosus. Consequences: resorption of the exudate or fibrous organization with the appearance of adhesions between the pleural sheets with partial or total obliteration of the cavity. The formation of adhesions in the pleura reduces the amplitude of the respiratory movements of the lungs.

<u>No</u> 152. Fibrinous peritonitis.

In macrospecimen is a segment of small intestine, the serous membrane has opaque appearance, rough surface, the intestinal loops adhere tightly to each other.

Fibrinous peritonitis can be localized or generalized. It is encountered in appendicitis, cholecystitis, acute pancreatitis, gastric ulcer with perforation, intestinal gangrene, tuberculosis, uremia. Consequences: resorption of fibrinous exudate or its organization with the installation of an adhesive process in the abdominal cavity, which can be complicated by intestinal occlusion.

<u>No</u> 32. Focal pneumonia with abscess formation.

On the section of the lung, there are multiple spread, non-aerated foci of pneumonia which have whitish-gray color and 2-3 cm in diameter, slightly raised, separated by intact lung tissue. In some of these foci there are irregularly shaped cavities, ranging in size from 0.5 to 1-1.5 cm, filled with pus or without content - abscesses. On pleura, fibrin deposits may be seen in case of subpleural localization of pneumonia.

Abscess appears as a result of necrosis, destruction and lysis of the necrotic tissue. The necrosis is due both to the direct injurious action on the tissues of the toxins of the pyogenic bacteria, as well as to the circulatory disorders related to the thrombosis of the vessels and their compression by the inflammatory edema. Histolysis (proteolysis) is produced by proteolytic enzymes eliminated by neutrophil leukocytes. Following the lysis of the altered and necrotic tissues, a viscous, semi-liquid mass of yellow color appears - pus.

Abscess is one of the pulmonary complications of pneumonia, primarily bronchopneumonia or focal pneumonia. Bronchopneumonia is the most common form of pneumonia, which begins with the initial inflammation of the bronchi and bronchioles with subsequent expansion into the adjacent alveoli (bronchoalveolitis). Bronchopneumonia with abscess formation is usually caused by staphylococci and streptococci. It is most commonly seen in patients with different concomitant conditions, eg congestive heart failure, chronic lung disease, diabetes, immunodeficiency, especially in the elderly. Consequences of acute pulmonary abscess: organization, calcification, chronic evolution (chronic abscess).

<u>No</u> 12. Difuse cardiosclerosis.

On myocardial section of the left ventricular wall, multiple thin bands of whitish fibrous conjunctive tissue are observed.

Diffuse cardiosclerosis is a process of diffuse excessive proliferation of connective tissue in the heart wall. It may be a consequence of interstitial myocarditis, eg, in rheumatic fever, diphtheria, influenza, measles, sepsis. It is also encountered in chronic ischemic heart disease, caused by stenosing atherosclerosis of coronary arteries. Possible complications: congestive heart failure, heart and rhythm disorders.

<u>No</u> 21. Echinococcosis of the heart.

In the walls of the heart, there are multiple round cystic cavities, with variable dimensions, limited by a opaque, whitish membrane - chitinous membrane, the adjacent myocardium is atrophied and sclerosed, forming a fibrous capsule.

Echinococcosis or hydatid disease is a helminthiasis caused by Echinococcus granulosus or Echinococcus multilocularis, which is characterized by the formation of cysts in different organs. Human infection occurs via food, the main source of infection being dogs. Primarily, in most cases the liver is affected, less often other organs. From the primary focus the echinococcus can spread hematogenously, affecting the lungs, brain, kidneys, heart. Due to the tendency of hematogenous and lymphogenic spread, echinococcosis is clinically manifested as a malignant tumor. Echinococcal cysts eliminate toxic substances, which cause peripheral proliferative inflammation with inflammatory cell infiltrate, consisting of lymphocytes, macrophages, eosinophils, giant polynuclear cells of foreign bodies, fibroblasts. Following proliferative inflammation around the cyst, a fibrous capsule is formed, sometimes with calcinosis, the adjacent tissue is atrophied.



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<u>№</u> 32. Focal pneumonia with abscess formation.



<u>№</u> 12. Difuse cardiosclerosis.

<u>№</u> 21. Echinococcosis of the heart.

INTRODUCTION:

"Inflame" – to set fire. Inflammation is "dynamic response of vascularised tissue to injury." Is a protective response. Serves to bring defense & healing mechanisms to the site of injury.

Acute inflammatory reactions are triggered by a variety of stimuli: • Infections (bacterial, viral, parasitic) and microbial toxins • Trauma (blunt and penetrating) • Physical and chemical agents (thermal injury, e.g., burns or frostbite; irradiation; some environmental chemicals) • Tissue necrosis (from any cause) • Foreign bodies (splinters, dirt, sutures) • Immune reactions (also called hypersensitivity reactions)

The nomenclature used to describe inflammation in different tissues employs the tissue name and the suffix "-*itis*"

e.g pancreatitis meningitis pericarditis arthritis

Inflammation

provoked response to tissue injury

- chemical agents
- cold, heat
- trauma
- invasion of microbes

serves to destroy, dilute or wall off the injurious agent

induces repair

protective response

can be potentially harmful

Lewis Triple Response:

Flush: capillary dilatation.
Flare: arteriolar dilatation.
Weal: exudation, edema.

Red, Warm & Swollen (Flare, Flush & Weal – Lewis)

Triple response

Gastric Ulcer:



Laryngitis:



Mouth Aphthus ulcer

Acute Enteritis:

Pneumonia





Cardinal Signs of Inflammation

Celsus, a Roman writer of the first century AD, first listed the four cardinal signs of inflammation:

 Rubor (Redness)
 Calor (Warmth)
 Tumor (Swelling)
 Dolor (Pain)
 Functio laesa (Loss of function, later added by Virchow)

Acute Inflammation

Acute Inflammatory Response

Clinical indications

- Generalize malaise
- Fever
- Pain often localized to the inflamed area
- Rapid pulse rate

Lab values

- Raised neutrophil count in peripheral blood
- Increased erythrocyte sedimentation rate
- Increased acute phase proteins in the blood
 - Increase greatly in acute inflammation
 - Induced by IL-1 and produced by the liver
 - C-reactive protein (liver) is the most common
 - Used to monitor patients with acute myocardial infarction

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Acute Inflammation

PATHOGENESIS: Three main processes occur at the site of inflammation, due to the release of chemical mediators:

1. Increased blood flow (redness and warmth)

2. Increased vascular permeability (swelling, pain & loss of function)

3. Leukocytic Infiltration

The inflammatory response consists of a vascular and a cellular reaction



JU. 1/UZ-1/14
Acute inflammation involves:

alteration of vascular caliber

following very brief vasoconstriction (seconds), vasodilation leads to increased blood flow and blood pooling creating redness and warmth (rubor and calor)

changes of microvasculature

increased permeability for plasma proteins and cells creating swelling (tumor). Fluid loss leads to concentration of red blood cells and slowed blood flow (stasis)

emigration of leukocytes from microcirculation

due to stasis and activation leads migration towards offending agent



Mechanism of Inflammation:



Vascular changes and fluid leakage during acute inflammation lead to Edema in a process called Exudation

Transudate

result of hydrostatic
or osmotic imbalance
ultrafiltrate of plasma
Low protein content
specific gravity < 1.015

Exudate
•result of inflammation
•vascular permeability †
•high protein content

specific gravity >1.020



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Increased vascular permeability and edema: a hallmark of acute inflammation

Leakage is restricted to venules of 20-60µm in diameter

- caused by endothelial gaps
- usually an immediate and transient response (30 min.)

 Gaps occur due to contraction of e.g myosin and shortening of the individual endothelia cell

 loss of protein from plasma leads to edema

- due to reduced osmotic pressure in the vasculature
- and increased osmotic pressure in the interstitium

Gaps due to endothelial contraction

- Venules
- · Vasoactive mediators
- (histamine, leukotrienes, etc.)
- Most common
- · Fast and short-lived (minutes)



direct endothelial injury causing necrotic cell death will result in leakage from all levels of microcirculation (venules, capillaries and arterioles)

- This reaction is immediate and sustained
- Delayed prolonged leakage begins after 2-12 hours and can last several days due to thermal-, x-ray radiation or ultraviolet radiation (sunburn) and involves venules and capillaries
- Leakage from new blood vessels during tissue repair (angiogenesis) due to immature endothelial layer

All these described mechanisms may occur in one wound (e.g burns) and can be life threatening

Direct injury

- Arterioles, capillaries, and venules
- Toxins, burns, chemicals
- Fast and may be long-lived (hours to days)

Leukocyte-dependent injury

Mostly venules
 Pulmonary capillaries
 Late response
 Long-lived (hours)



Vascular endothelium-derived growth factor

Increased transcytosis

Venules

New blood vessel formation

- Sites of angiogenesis
- Persists until intercellular junctions form



Neutrophil Margination



Acute inflammation PATTERNS

- Serous (high fluid, low protein and cell content)
 Catarrhal
- Fibrinous (exudate is high in plasma proteins especially fibrin; seen in membrane-line body cavities
- Hemorrhagic (Purpura)
- Suppurative or purulent (exudate is rich in neutrophils; abcess, phlegmon, empyeme)
- Ulceration (necrotic and eroded epithelial surface underlying acute and chronic inflammation; trauma, toxins, vascular insufficiency
- **Gangrenous**
- Pseudomembranous





Serous inflammation:
outpouring of a thin fluid
is derived from either the plasma or the secretions of mesothelial cells lining the peritoneal, pleural, and pericardial cavities (called)

effusion).





Different morphological patterns of acute inflammation can be found depending on the cause and extend of injury and site of inflammation





Fibrinous inflammation



Purulent inflammation



ulcers

Serous inflammation is marked by the outpouring of a thin fluid that, depending on the size of injury, is derived from either the plasma or the secretions of mesothelial cells lining the peritoneal, pleural, and pericardial cavities (called *effusion*).



A focus of inflammation showing numerous eosinophils

Fibrinous pericarditis Deposits of fibrin on the pericardium.



Fibrinous pericarditis: A pink meshwork of fibrin exudate (F) overlies the pericardial surface (P).



SPECIFIC TYPES

Abscess Furuncle Carbuncle

Cellulitis Lymphangitis

SPECIFIC TYPES

Parulis (gum boil; abscess on the gingiva) = localized accumulation of neutrophils



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Purulent (Suppurative) inflammation A, A subcutaneous bacterial abscess with collections of pus. B, The abscess contains neutrophils, edema fluid, and cellular debris.





Vascular changes



A critical function of the vascular inflammatory response (stasis and vascular permeability) is to deliver leukocytes to the site of injury in order to clear injurious agents





Neutrophils are commonly the first inflammatory cells (first 6-24 hours) recruited to a site of inflammation. Extravasation of leukocytes is a coordinated event of:

margination

rolling,

adhesion,

transmigration (diapedesis)

migration.

The sequence of events in the journey of leukocytes from the vessel lumen to the interstitial tissue

1. In the lumen: margination, rolling, and adhesion to endothelium. Vascular endothelium normally does not bind circulating cells or impede their passage. In inflammation, the endothelium has to be activated to permit it to bind leukocytes, as a prelude to their exit from the blood vessels. 2. Transmigration across the endothelium (also called diapedesis) 3. Migration in interstitial tissues toward a

chemotactic stimulus

Immune cells within a blood vessel



Immune cell traversing endothelium



Phagocytosis (engulf and 1. Recognition & attachment Opsonins (IgG and C3) coat target 2. Engulfment Pseudopods flow around the particle to be engulfed. Particle is engulfed and fuses with lysosome 3. Killing/degradation • O₂ dep: Reactive O₂ species in lysosomes \square O₂ indep: Bactericidal permeability agents, lysozyme, MBP, lactoferrin

A, Phagocytosis of a particle (e.g., bacterium) involves attachment and binding of Fc and C3b to receptors on the leukocyte membrane, engulfment, and fusion of lysosomes with phagocytic vacuoles, followed by destruction of ingested particles within the phagolysosomes. Note that during phagocytosis, granule contents may be released into extracellular tissues.



3. KILLING AND DEGRADATION

Inflammation Outcome





Outcomes of acute inflammation: resolution, healing by fibrosis, or chronic inflammation



Events in the resolution of inflammation: (1) return to normal vascular permeability; (2) drainage of edema fluid and proteins into lymphatics or (3) by pinocytosis into macrophages; (4) phagocytosis of apoptotic neutrophils and (5) phagocytosis of necrotic debris; and (6) disposal of macrophages. Macrophages also produce growth factors that initiate the subsequent process of repair.

Thought for Today

"Never let the competition define you. Instead, you have to define yourself based on a point of view you care deeply about."

– Tom Chappel



Chronic Inflammation

Although difficult to define precisely, *chronic* inflammation is considered to be inflammation of prolonged duration (weeks or months) in which active inflammation, tissue destruction, and attempts at *repair are proceeding simultaneously*. Although it may follow acute inflammation, chronic inflammation frequently begins insidiously, as a low-grade, smoldering, often asymptomatic response. This latter type of chronic inflammation is the cause of tissue damage in some of the most common and disabling human diseases, such as rheumatoid arthritis, atherosclerosis, tuberculosis, and chronic lung diseases.

In contrast to acute inflammation, which is manifested by vascular changes, edema, and predominantly neutrophilic infiltration, *chronic inflammation is characterized by:*

Infiltration with mononuclear cells, which include macrophages, lymphocytes, and plasma cells.
Tissue destruction, induced by the persistent offending agent or by the inflammatory cells.
Attempts at healing by connective tissue replacement of damaged tissue, accomplished by proliferation of small blood vessels (angiogenesis) and, in particular, fibrosis

Table 5–1. Differences between Acute and Chronic Inflammation.

	Acute	Chronic
Duration	Short (days)	Long (weeks to months)
Onset	Acute	Insidious
Specificity	Nonspecific	Specific (where immune response is activated)
Inflammatory cells	Neutrophils, macrophages	Lymphocytes, plasma cells, macrophages, fibroblasts
Vascular changes	Active vasodilation, increased permeability	New vessel formation (granulation tissue)
Fluid exudation and edema	+	_
Cardinal clinical signs (redness, heat, swelling, pain)	+	_
Tissue necrosis	– (Usually)+ (Suppurative and necrotizing inflammation)	+ (ongoing)
Fibrosis (collagen deposition)	_	+
Operative host responses	Plasma factors: complement, immunoglobulins, properdin, etc; neutrophils, nonimmune phagocytosis	Immune response, phagocytosis, repair
Systemic manifestations	Fever, often high	Low-grade fever, weight loss, anemia
Changes in peripheral blood	Neutrophil leukocytosis; lymphocytosis (in viral infections)	Frequently none; variable leukocyte changes, increased plasma immunoglobulin

Fish Tank Granuloma Mycobacterium marinum



Chronic Inflammation:

Lung Abscess





A, Chronic inflammation in the lung, showing all three characteristic histologic features: (1) collection of chronic inflammatory cells, (2) destruction of parenchyma (alveoli are replaced by spaces lined by cuboidal epithelium, arrowheads), and (3) replacement by connective tissue (fibrosis, arrows).

B, By contrast, in acute inflammation of the lung (acute bronchopneumonia), neutrophils fill the alveolar spaces and blood vessels are congested.

Granuloma:


Giant cell (Langhans cells)

3

Thought for Today

"People who soar, are those who refuse to sit back and wish things would change."

Charles R. Swindoll Author and Pastor



Heat Redness Swelling Pain Loss Of Func.



Necrotic pulp

Chemical mediators

Periapical abscess Acute inflammation Periapical granuloma Chronic inflammation and repair

Drainage

stimuli continue

Fistula

Periapical cyst

Abscess development



Formation of fluid in the center



Neutrophilic granulocytes



Periapical granuloma







Chronic inflammation - plasma cells predominate



Plasma cells



Fibroepithelial polyp

It is characterized by the appearance of a nodular mass, red or white.

It can appear anywhere on the mucosa of the oral cavity, but more often on the gum, tongue or lip.

It is caused by minor trauma or irritation, usually due to accidental bites.



Fibroepithelial polyp

They are small and generally painless.

It rarely continues to grow, unlike papillomas and fibromas, which have similar clinical images.

Usually single, but occasionally can be multiple. Eliminating the irritant and excision is the treatment of choice.





Fibroepithelial polyp



Surface epithelium with / hyperkeratosis

Fibrous connective tissue





