Heart pathology.

Heart pathology.

I. Microspecimens:

<u>№</u> 181. Coronary artery thrombosis in atherosclerosis. (*H-E stain*). <u>Indications:</u>

1. Stenosing atherosclerotic plaque in the artery wall.

2. Recent red thrombus on the atherosclerotic plaque surface.

3. The adjacent heart muscle.

Cross section through the subepicardial coronary artery with the underlying myocardium. With the naked eye it can be seen that the lumen of the artery is blocked with thrombotic masses, in the wall an atherosclerotic plaque is observed, which stenoses the lumen. At lower resolution, can be observed that the thrombus is predominantly composed of fibrin and hemolyzed erythrocytes, it adheres intimately to the fibrous capsule of the atherosclerotic plaque, in the thickness of which the weaker eosinophilic colored necrotic center / nucleus is revealed, surrounded by an inflammatory cell infiltrate. In the myocardium protein dystrophy of cardiomyocytes, hemodynamic disorders in the microcirculatory system.

Coronary artery thrombosis is the most common cause of myocardial infarction and occurs in the vast majority of cases due to stenotic atherosclerosis of the coronary arteries. Thrombus usually develops on so-called "unstable" or "vulnerable" atheromas, in which the fibrous capsule is thin, fine, necrotic center rich in lipids, with active inflammation, the plaques being susceptible to erosion, ulceration, rupture, intramural hemorrhage.

№ 65. Acute myocardial infarction. (*H-E stain*). Indications:

1. Infarct area (karyolysis).

2. Adjacent myocardium.

In the myocardium there are areas of necrosis with cardiomyocyte caryolysis, sarcoplasmic eosinophilia, some cells in disintegration (plasmo-cytorexis), at the periphery of necrotic foci hemorrhages, leukocyte infiltration, in adjacent areas cardiomyocytes with stromal edema, 2 neighboring cells were detected - one necrotic, anucleated and another with a persistent nucleus.

<u>№</u> 65a. Myocardial infarction in stage of organization. (*H-E stain*). Indications:

1. Infarct area.

2. Leukocyte infiltration at the periphery of the infarct area.

3. Granulation tissue around the area of necrosis.

4. Adjacent myocardium.

In the myocardium necrotic foci are detected with cardiomyocyte caryolysis, some cells with signs of plasma cytorexis, in some places form homogeneous, structured eosinophilic foci (necrotic detritus), leukocyte infiltration and hemorrhages are observed; these areas are surrounded by granular tissue rich in capillaries and cellular elements; in the adjacent heart muscle protein dystrophy of cardiomyocytes, stromal edema. In the temporal evolution of myocardial infarction, the stage of necrosis and the stage of organization are distinguished. The stage of necrosis is manifested microscopically by cardiomyocyte caryolysis, their fragmentation, leukocyte infiltration, which reaches a maximum 48-72 hours after the onset of infarction, hyperemia of the vessels, hemorrhagic foci. Macroscopically, the area has an irregular shape, white-yellow color in the center and red edema on the periphery - white, ischemic infarction with hemorrhagic edema. Very rarely, in 1-2%, myocardial infarction can be hemorrhagic. The organization of the infarction shows the process of substituting the necrotic focus with granulation tissue. On the 4th day after onset, macrophages begin to appear in the area of necrosis, which performs the resorption of necrotic masses and gradually replaces the necrosis with granulation tissue, which penetrates from adjacent areas of the heart muscle. Subsequently, the granulation tissue matures, collagenizes and transforms into mature, dense scar fibroconjunctival tissue. The healing process of myocardial infarction with the development of post-infarction macrofocal cardiosclerosis lasts on average 6-7 weeks, depending on the size of the infarction and the general condition of the body. Complications of acute myocardial infarction: a) cardiogenic shock, b) acute heart failure, c) pulmonary oedema, d) arrhythmias (ventricular fibrillation, asystole and a.), E) rupture of the ventricular wall with pericardial tamponade, f) fibrinous pericarditis, g) intracardiac wall thrombosis and thromboembolism and others.

<u>№</u> 59. Rheumatic granulomatous endo-myocarditis. (*H-E stain*). <u>Indications:</u>

- 1. Aschoff rheumatic granulomas in the parietal endocardium.
- 2. Fibrinous necrosis in the center of the granuloma.
- 3. Macrophages at the periphery of the granuloma.
- 4. Adjacent myocardium.
- There are 2 series of microspecimens:

I - cross section through the left auricle of the heart; at the lower resolution, in the parietal endocardium, which covers the auricle's wall, small focal agglomerations of polymorphic cellular elements are detected - Ashoff rheumatoid granulomas, at the large objective it is seen that they are composed of lymphocytes, macrophages and fibroblasts, in the center of some granulomas necrosis with eosinophilic colored tissue debris (fibrinoid necrosis);

II – cut section of the ventricular wall with the parietal endocardium, rheumatic granulomas are observed in the endocardium and in the subendocardial myocardium, especially perivascular.

Aschoff's granuloma is pathognomonic for rheumatism. It is found in all layers of the heart (in rheumatic pancarditis) and in other organs and tissues. There are 3 stages in the evolution of granuloma: 1) early or degenerative, 2) intermediate or proliferative (florid) and 3) late or healing (involutive). In the first stage dystrophic changes and fibrinoid necrosis of connective tissue predominate, in the second stage - cell proliferation with the accumulation of lymphocytes, macrophages, plasma cells and Anitschkow cells, which are arranged in the palisade around fibrinoid masses, in the third stage - processes fibrosis and sclerosis. Anitschkow cells or cardiac histiocytes are macrophages with an elongated, wavy, caterpillar-shaped nucleus (cartilage cells), some of which become polynuclear, with 1-4 nuclei, which are called Ashoff cells and are considered characteristic of rheumatic carditis. The evolution of the granuloma until scarring lasts on average 3-4 months, on the place of the granuloma a fibroconjunctive scar is formed, located predominantly perivascular.

I. Macrospecimens:

<u>№</u> 24. Heart rupture (left ventricle) in acute myocardial infarction.

In the lower third of anterior wall of the left ventricle, a fissure with a length of 1.5-2 cm is observed, on the section it is seen that the fissure comprises the entire thickness of the ventricular wall, the edges are infiltrated with blood.

Rupture of the heart is the cause of death in 10% of the total number of patients who die from myocardial infarction. There is external and internal rupture. The rupture occurs in cases of macrofocal, transmural infarction, affecting at least 20% of the heart muscle, usually in the first days after the onset of the infarction (days 1-4), when the process of myomalacia develops - autolysis of the necrosis area under the influence of proteolytic enzymes of neutrophil leukocytes. The rupture occurs more frequently at the border between the area of necrosis and the persistent myocardium. The rupture in the center of the infarct area is observed more frequently in the second week, during the organization of the infarction. Most external ruptures of the heart occur in the left ventricle, anterior and lateral walls. Develops, hemopericardium and cardiac tamponade, which is fatal. Internal rupture refers to the interventricular septum and papillary muscles, leading to severe congestive heart failure. Heart rupture is more common in patients with primary myocardial infarction.

<u>№</u> 13. Macrofocal postinfarction cardiosclerosis.

On the section of the left ventricular wall, is observed, an area of fibroconjunctive tissue (scar), white in colour, with a cartilaginous appearance, hard in consistency, the ventricular wall is hypertrophied. *Macrofocal cardiosclerosis is the consequence of myocardial infarction, it occurs after the organization of the infarct area, which occurs within 6-7 weeks from the onset of the disease. Calcium salts can be stored in the area of the post-infarct scar, compensatory hypertrophy is observed in the adjacent heart muscle. Possible complications: congestive heart failure, rhythm and conductibility disorders, chronic heart aneurysm. In the International Classification of Diseases it is called "Old myocardial infarction".*

<u>№</u> 10. Chronic cardiac aneurysm with mural thrombosis.

In the antero-lateral wall of the left ventricle there is an aneurysmal dilation in form of a round sac, filled with thrombotic masses, the adjacent ventricular wall is thin, gray-whitish, with the appearance of scar tissue, the left ventricular wall in the basal region is hypertrophied.

Chronic cardiac aneurysm is a consequence of macrofocal, transmural myocardial infarction. It appears on the place of the massive post-infarct scar, several weeks or months after the healing of the acute infarction. The heart muscle in the infarct region is replaced with fibroconective tissue. The post-infarct scar does not contract and under the action of intraventricular systolic pressure gradually thins and extends till the formation of aneurysm. In chronic cardiac aneurysm there is progressive congestive heart failure, rhythm and conductibility disorders, intracardiac thrombosis, thromboembolism, it is possible rupture of the wall with pericardial tamponade.

<u>№</u> 18. Cardiac thrombosis.

On the cross section of the heart are observed massive wall thrombi, which adhere closely to the parietal endocardium, brown in color, dense consistency, dry appearance, thickness up to 1 cm.

Intracardiac thrombosis is found in several diseases, in which inflammation of the parietal endocardium occurs. It is observed in rheumatic parietal endocarditis, transmural or subendocardial myocardial infarction, cardiomyopathies. Thrombosis of the left atrium occurs in mitral stenosis, and of the right atrium-in chronic congestive heart failure. An important causal factor is atrial fibrillation. Left intracardiac thrombosis can lead to thromboembolism of the arteries of great circulation with infarcts in the brain, spleen, kidneys, gangrene of the extremities or intestines, and thrombosis of the right heart cavities - to pulmonary infarctions or thromboembolism of the common trunk of the pulmonary artery.

<u>№</u> 16. Verrucous acute endocarditis.

On the atrial surface of the mitral valve cusps there are fine thrombotic deposits (warts), brown in color, dense in consistency, which adhere closely to the valvular endocardium, located mainly on the free edge, closing the cusps; the cusps are thickened, deformed, the tendon cords also are thickened and fused.

Valvular endocarditis is a manifestation of rheumatic carditis. More frequently is affected mitral valve (~ 70%): concomitant mitral and aortic valve involvement occurs in (~ 25%), the tricuspid valve is less commonly involved, and the aortic valve is about (2%), and the pulmonary valve is practically not affected.

Acute valvulitis develops on free valves, is manifested by fibrinoid necrosis, inflammatory cellular infiltration, Aschoff granulomas, fibrin deposits in the form of warts with a diameter of 1-2 mm, arranged in a string along the closing edges of the valves, usually on the atrial surface of the atrioventricular valves and on the ventricular surfaces of the crescent valves, in the occurrence of these lesions reflects the role of the mechanical and hemodynamic factor. Chronic valvulitis is manifested by the organization of acute inflammation and fibrinous warts, the appearance of new, larger warts on the already deformed, thickened valves, sclerosis and retraction, shortening of the cusps and crescent leaves, their concretion, calcinosis. At the same time, the mitral valve become more thick, shorten and fuse the tendon cords, which together with the concretion of the cusps leads to the installation of a mitral stenosis with the appearance of a "fish mouth" or "buttonhole". The functional consequences consist of valvular insufficiency or stenosis and the gradual development of congestive heart failure.

<u>№</u> 6. Rheumatic mitral valvulopathy.

The cusps of the mitral valve are deformed, thickened, sclerosed, overgrown with each other, of dense consistency, the mitral orifice is stenotic, has the shape of a "fish mouth" or "buttonhole", the wall of the left ventricle is hypertrophied.

Most of the acquired valvulopathies - more than 80% - are of rheumatic origin. The heart valves are deformed, sclerosed, have a dense consistency, lose elasticity and mobility, sometimes they are overgrown. Microscopically, is observed sclerosis and hyalinosis of the valvular tissue, its vascularization and calcinosis. Clinical-anatomical variants of valvulopathies are valvular insufficiency, when the cusps or crescent leaves do not close the valvular orifice and valvular stenosis, when the orifice does not open completely: are common combined valvulopathies, when the association of valvular insufficiency and stenosis occurs with the predominance of one of this. These changes in the heart valves are a consequence of valvular endocarditis. In addition to rheumatism valvulopathies are found in atherosclerosis, especially aortic valvulopathy, tertiary syphilis - aortic valve insufficiency; in some diseases can develop relative insufficiency of the heart valves due to dilation of the fibrous ring of the valves but they remain intact, for example in dilatative cardiomyopathy. Cardiac valvulopathy leads to progressive chronic congestive heart failure.

<u>№</u> 11. Fibrinous pericarditis.

The epicardium is opaque, the surface irregular, covered with yellowish-white deposits of fibrin in the form of villi, which occur due to contractile movements, the heart has a hairy appearance or "cat tongue" (villous heart).

Fibrinous pericarditis is found in rheumatism, tuberculosis, transmural myocardial infarction, uremia, etc. On auscultation it is manifested by a breath of pericardial rubbing. Consequences: resorption of fibrinous exudate or its organization with the formation of adhesions between the pericardial sheets and obliteration of the pericardial sac. Over time, calcium salts are deposited in the sclerotic pericardium and the "armor heart" appears, which is clinically manifested by chronic congestive heart failure.

<u>№</u> 8. Round thrombus in left atrium.

The left atrium of the heart is dilated, a spherical thrombus is present in the cavity, diameter \sim 5-6 cm, smooth, glossy surface, dense consistency, is free in the atrial cavity, does not adhere to the wall, the mitral valve is stenotic.

Spherical thrombus in the left atrium of the heart is very rare, more commonly seen in mitral stenosis with dilated atrium and turbulent, rotating blood circulation, which promotes the formation and increase in size of the thrombus, which gradually acquires a spherical appearance. The spherical thrombus in the left atrium can lead to sudden death.



<u>№</u> 181. Coronary artery thrombosis in atherosclerosis. (*H-E stain*).



<u>№</u> 65. Acute myocardial infarction. (*H-E stain*).



<u>№</u> 65a. Myocardial infarction in stage of organization. (*H-E stain*).



<u>№</u> 59. Rheumatic granulomatous endo-myocarditis. (*H-E stain*).



<u>№</u> 24. Heart rupture (left ventricle) in acute myocardial infarction.



<u>№</u> 13. Macrofocal postinfarction cardiosclerosis.



<u>№</u> 10. Chronic cardiac aneurysm with thrombosis.



<u>№</u> 18. Cardiac thrombosis.

TRIC 1' SYSTEM 2





<u>№</u> 6. Rheumatic mitral valvulopathy.



<u>№</u> 11. Fibrinous pericarditis.



<u>№</u> 8. Round thrombus in left atrium.

THE HEART

- Normal
- Pathology
 - Heart Failure: L, R
 - Heart Disease
 - <u>Congenital</u>: $L \rightarrow R$ shunts, $R \rightarrow L$ shunts, Obstructive
 - Ischemic: Angina, Infarction, Chronic Ischemia, Sudden Death
 - <u>Hypertensive</u>: Left sided, Right sided
 - <u>Valvular</u>: AS, MVP, Rheumatic, Infective, Non-Infective, Carcinoid, Artificial Valves
 - <u>Cardiomyopathy</u>: Dilated, Hypertrophic, Restrictive, Myocarditis, Other
 - <u>Pericardium</u>: Effusions, Pericarditis
 - <u>Tumors</u>: Primary, Effects of Other Primaries
 - Transplants

NORMAL Features

- 6000 L/day
- 250-300 grams
- 40% of all deaths (2x cancer)
- Wall thickness ~ pressure
- (i.e., a wall is only as thick as it has to be)
 - LV=1.5 cm
 - **RV= 0.5 cm**
 - Atria =.2 cm
- Systole/Diastole
- Starling's Law

TERMS

- CARDIOMEGALY
- DILATATION, any chamber, or all
- HYPERTROPHY, and chamber, or all





NUCLEUS DISCS SARCOLEMMA SARC. RETIC. **MITOCHONDRIA** ENDOTHELIUM **FIBROBLASTS** GLYCOGEN

A.N.P.



S.A. Node \rightarrow AV Node \rightarrow Bundle of HIS \rightarrow L. Bundle, R. Bundle

Coronary Arteries







Anterior Lateral Posterior Septal

VALVES

• **AV**: **-TRICUSPID** -MITRAL • **SEMILUNAR**: **-PULMONIC -AORTIC**

CARDIAC AGING

Chambers

Increased left atrial cavity size Decreased left ventricular Signitial-Sizaped ventricular septum

Valves

- Aortic valve calcific deposits Mitral valve annular calcific deposits Fibrous thickening of leaflets Buckling of mitral leaflets toward
- **Epicardial Coronary Arteries Tortuosity Increased cross-sectional Calicifiin alequesits Atherosclerotic plaque Myocardium Increased mass Increased subepicardial** Breatwn atrophy Lipofuscin deposition **Basophilic** Andycloped electricosits

CARDIAC AGING

- **Aorta**
- **Dilated ascending aorta with rightward shift**
- **Elongated (tortuous) thoracic aorta**
- Sinotubular junction calcific deposits
- Elastic fragmentation and collagen accumulation
- Atherosclerotic plaque

BROWN

ATROPHY, HEART



LIPOFUCSIN

Pathologic Pump Possibilities

- Primary myocardial failure (MYOPATHY)
- Obstruction to flow (VALVE)
- Regurgitant flow (VALVE)
- Conduction disorders (CONDUCTION SYSTEM)
- Failure to contain blood (WALL INTEGRITY)



- **DEFINITION**
- TRIAD
 - 1) TACHYCARDIA
 - 2) DYSPNEA
 - **3) EDEMA**
- FAILURE of Frank Starling mechanism
- HUMORAL FACTORS
 - Catecholamines (nor-epinephrine)
 - Renin Angiotension Aldosterone
 - Atrial Natriuretic Polypeptide (ANP)
- HYPERTROPHY and DILATATION

HYPERTROPHY

- PRESSURE OVERLOAD (CONCENTRIC)
- VOLUME OVERLOAD (CHF)

• LVH, RVH, atrial, etc.

- 2X normal weight →ischemia
- 3X normal weight →HTN
- >3X normal weight→MYOPATHY, aortic regurgitation




CHF: Autopsy Findings

- Cardiomegaly
- Chamber Dilatation
- Hypertrophy of myocardial fibers, BOXCAR nuclei



Left Sided Failure

- Low output vs. congestion
- Lungs
 - pulmonary congestion and edema
 - heart failure cells
- Kidneys
 - pre-renal azotemia
 - salt and fluid retention
 - renin-aldosterone activation
 - natriuretic peptides
- Brain: Irritability, decreased attention, stupor→coma

Left Heart Failure Symptoms

- Dyspnea
 - on exertion
 - at rest
- Orthopnea
 - redistribution of peripheral edema fluid
 - graded by number of pillows needed
- Paroxysmal Nocturnal Dyspnea (PND)

LEFT Heart Failure



- Exertional dyspnea
- Orthopnea
- Paroxysmal nocturnal dyspnea
- Cough
- Blood-tinged sputum
- Cyanosis
- Elevation in pulmonary capillary wedge pressure

Dyspnea

Orthopnea

PND (Paroxysmal Nocturnal Dyspnea)

Blood tinged sputum

Cyanosis

Elevated pulmonary "WEDGE" pressure (PCWP)

Right Sided Heart Failure

- Etiology
 - left heart failure
 - cor pulmonale
- Symptoms and signs
 - Liver and spleen
 - passive congestion (nutmeg liver)
 - congestive spleenomegaly
 - ascites
 - Kidneys
 - Pleura/Pericardium
 - pleural and pericardial effusions
 - transudates
 - Peripheral tissues

RIGHT Heart Failure **FATIGUE**

"Dependent" edema

JVD

Hepatomegaly (congestion)

ASCITES, PLEURAL EFFUSION

G

- Fatigue
- Dependent edema
- Distention of the jugular veins Cyanosis
 Liver engagement
- Liver engorgement
- Ascites
- · Anorexia and complaints of
- gastrointestinal distress Cyanosis
- · Elevation in peripheral venous
- pressure

Increased peripheral venous pressure (CVP)



HEART DISEASE

- CONGENITAL (CHD)
- ISCHEMIC (IHD)
- HYPERTENSIVE (HHD)
- VALVULAR (VHD)
- MYOPATHIC (MHD)

CONGENITAL HEART DEFECTS

- Faulty embryogenesis (week 3-8)
- Usually MONO-morphic (i.e., SINGLE lesion) (ASD, VSD, hypo-RV, hypo-LV)
- May not be evident until adult life (Coarctation, ASD)
- Overall incidence 1% of USA births
- INCREASED simple early detection via non invasive methods, e.g., US, MRI, CT, etc.

Malformation	Incidence per Million Live Births	%
Ventricular septal defect	4482	42
Atrial septal defect	1043	10
Pulmonary stenosis	836	8
Patent ductus arteriosus	781	7
Tetralogy of Fallot	577	5
Coarctation of aorta	492	5
Atrioventricular septal defect	396	4
Aortic stenosis	388	4
Transposition of great arteries	388	4
Truncus arteriosus	136	1
Total anomalous pulmonary	120	1
Veirouspicbatresta on		

GENETICS

- Gene abnormalities in only 10% of CHD
- Trisomies **21**, 13, 15, 18, XO
- Mutations of genes which encode for transcription factors→TBX5→ASD,VSD
 →NKX2.5→ASD
- Region of chromosome 22 important in heart development, 22q11.2 deletion→conotruncus, branchial arch, face

ENVIRONMENT

- RUBELLA
- TERATOGENS



- $L \rightarrow R$ SHUNTS: all "D's" in their names
 - NO cyanosis
 - Pulmonary hypertension
 - SIGNIFICANT pulmonary hypertension is IRREVERSIBLE
- R→L SHUNTS: all "T's" in their names
 - CYANOSIS (i,.e., "blue" babies)
 - VENOUS EMBOLI become SYSTEMIC
- **OBSTRUCTIONS**

• ASD • VSD • ASVD • PDA

IRREVERSIBLE PULMONARY HYPERTENSION **IS THE MOST** FEARED CONSEQUENCE

NON CYANOTIC

 $\mathbf{L} \rightarrow \mathbf{R}$







ASD

VSD

PDA



Complete Atrioventricular Canal Defect



Large VSD with Irreversible Pulmonary Hypertension

ASD

- NOT patent foramen ovale
- Usually asymptomatic until adulthood
- **SECUNDUM (90%): Defective fossa ovalis**
- **PRIMUM (5%): Next to AV valves, mitral** cleft
- SINUS VENOSUS (5%): Next to SVC with anomalous pulmonary veins draining to SVC or RA

VSD

- By far, most common CHD defect
- Only 30% are isolated
- Often with TETRALOGY of FALLOT
- 90% involve the membranous septum
- If muscular septum is involved, likely to have multiple holes
- SMALL ones often close spontaneously
- LARGE ones progress to pulmonary hypertension



PDA

- 90% isolated
- HARSH, machinery-like murmur
- L→R, possibly R→L as pulmonary hypertension approaches systemic pressure
- Closing the defect may be life saving
- Keeping it open may be life saving (Prostaglandin E). Why?

AVSD

- Associated with defective, inadequate AV valves
- Can be partial, or COMPLETE (ALL 4 CHAMBERS FREELY COMMUNICATE)



- Tetralogy of Fallot
- **T**ransposition of great arteries
- **Truncus arteriosus**
- Total anomalous pulmonary venous connection
- Tricuspid atresia

$R \rightarrow L SHUNTS$

- TETRALOGY of FALLOT most COMMON
 - -1) VSD, large
 - 2) OBSTRUCTION to RV flow
 - 3) Aorta OVERRIDES the VSD
 - **4**) **RVH**
 - SURVIVAL DEPENDS on SEVERITY of SUBPULMONIC STENOSIS
 - Can be a "PINK" tetrology if pulmonic obstruction is small, but the greater the obstruction, the greater is the $R \rightarrow L$ shunt



TGA (TRANSPOSITION of GREAT ARTERIES)

- NEEDS a SHUNT for survival
 - -PDA or PFO (65%), "unstable" shunt
 - -VSD (35%), "stable" shunt
 - -RV>LV in thickness
 - Fatal in first few months
 - Surgical "switching"



TRUNCUS ARTERIOSIS

Truncus Arteriosus



TRICUSPID ATRESIA

- Hypoplastic RV
- Needs a shunt, ASD, VSD, or PDA
- High mortality

Total Anomalous Pulmonary Venous Connection (TAPVC)

- PULMONARY VEINS do NOT go into LA, but into L. innominate v. or coronary sinus
- Needs a PFO or a VSD
- HYPOPLASTIC LA

OBSTRUCTIVE CHD

- COARCTATION of aorta
- Pulmonary stenosis/atresia
- Aortic stenosis/atresia

COARCTATION of AORTA

- M>F
- But XO's frequently have it
- INFANTILE FORM (proximal to PDA) (SERIOUS)
- ADULT FORM (CLOSED DUCTUS)
- Bicuspid aortic valve 50% of the time



Coarctation of Aorta

PULMONIC STENOSIS/ATRESIA

- If 100% atretic, hypoplastic RV with ASD
- Clinical severity ~ stenosis severity

AORTIC STENOSIS/ATRESIA

- VALVULAR
 - If severe, hypoplastic LV→fatal
- SUB-valvular (subaortic)
 - Aortic wall THICK BELOW cusps
- SUPRA-valvular
 - Aortic wall THICK ABOVE cusps in ascending aorta

HEART DISEASE

- CONGENITAL (CHD)
- ISCHEMIC (IHD)
- HYPERTENSIVE (HHD)
- VALVULAR (VHD)
- MYOPATHIC (MHD)

SYNDROMES of IHD

- Angina Pectoris: Stable, Unstable
- Myocardial Infarction (MI, AMI)
- Chronic IHD→ CHF (CIHD)
- Sudden Cardiac Death (SCD)
- "Acute" Coronary Syndromes:
 - UNSTABLE ANGINA
 - AMI
 - SCD (Sudden Cardiac Death)

IHD RISK

- Number of plaques
- Distribution of plaques
- Size, structure of plaques
ACUTE CORONARY SYNDROMES

• *"The acute coronary syndromes are"* frequently initiated by an unpredictable and abrupt conversion of a stable atherosclerotic plaque to an unstable and potentially life-threatening atherothrombotic lesion through superficial erosion, ulceration, fissuring, rupture, or deep hemorrhage, usually with superimposed thrombosis."

EPIDEMIOLOGY

- ¹/₂ million die of IHD yearly in USA
- 1 million in 1963. Why?
 - Prevention of control controllable risk factors
 - Earlier, better diagnostic methods
 - PTCA, CABG, arrythmia control
- 90% of IHD patients have ATHEROSCLEROSIS (no surprise here)

ACUTE CORONARY SYNDROME FACTORS

• ACUTE PLAQUE CHANGE

- Inflammation
- Thrombus
- Vasoconstriction

****** MOST IMPORTANT

ACUTE PLAQUE CHANGE

- Rupture/Refissuring
- Erosion/Ulceration, exposing ECM
- Acute Hemorrhage

NB: Plaques do NOT have to be severely stenotic to cause acute changes, i.e., 50% of AMI results from thromboses of plaques showing LESS THAN 50% stenosis



INFLAMMATION

- Endothelial cells release CAMs, selectins
- T-cells release TNF, IL-6, IFN-gamma to stimulate and activate endothelial cells and macrophages
- CRP predicts the probability of damage in angina patients

THROMBUS

- Total occlusion
- Partial
- Embolization

VASOCONSTRICTIO N

- Circulating adrenergic agonists
- Platelet release products
- Endothelially released factors, such as endothelin



ACUTE CORONARY SYNDROMES

Coronary Ar	tery Pat	hology	in Ischemic Heart Disease
Syndrome	Stenoses	Plaque Disruption	Thrombus
Stable angina Unstable āragise nural	>75% Variab Meariab	No Frequent Frequent	No Nonocclusive, often with Orcolasive mboli
myocardial Subendocardial myocardial Suddenodeath	le Variab le Usuall	Variable Frequent	Widely variable, may be absent, partial/complete, or Offen small platelet
	y sever e		aggregates or thrombi and/or thromboemboli

ANGINA PECTORIS

- Paroxysmal (sudden)
- Recurrent
- 15 sec. \rightarrow 15 min.
- Reduced perfusion, but NO infarction
- THREE TYPES
 - **STABLE:** relieved by rest or nitro
 - PRINZMETAL: SPASM is main feature, responds to nitro, S-T elevation
 - UNSTABLE (crescendo, PRE-infarction, Q-wave angina): perhaps some thrombosis, perhaps some non transmural necrosis, perhaps some embolization, but DISRUPTION of PLAQUE is universally agreed upon

MYOCARDIAL INFARCTION

- Transmural vs. Subendocardial (inner 1/3)
- DUH! EXACT SAME risk factors as atherosclerosis
- Most are TRANSMURAL, and MOST are caused by coronary artery occlusion
- In the 10% of transmural MIs NOT associated with atherosclerosis:
 - Vasospasm
 - Emboli
 - UNexplained

MYOCARDIAL RESPONSE

Feature Onset of ATP depletion Loss of contractility **ATP reduced** to 50% of normal to 10% of normal Irreversible cell injury **Microvascular injury**

Time Seconds <2 min **10** min **40** min 20-40 min >1 hr

PROGRESSION OF NECROSIS



TIMING of Gross and Microscopic Findings

¹⁄₂ –4 hr	None	Usually none; variable waviness of fibers at border
4–12 hr	Occasionally dark mottling	Beginning coagulation necrosis; edema; hemorrhage
12–24 hr	Dark mottling	Ongoing coagulation necrosis; pyknosis of nuclei; myocyte hypereosinophilia; marginal contraction band necrosis; beginning neutrophilic infiltrate
1–3 days	Mottling with yellow-tan infarct center	Coagulation necrosis, with loss of nuclei and striations; interstitial infiltrate of neutrophils
3–7 days	Hyperemic border; central yellow-tan softening	Beginning disintegration of dead myofibers, with dying neutrophils; early phagocytosis of dead cells by macrophages at infarct border
7–10 days	Maximally yellow-tan and soft, with depressed red- tan margins	Well-developed phagocytosis of dead cells; early formation of fibrovascular granulation tissue at margins
10–14 days	Red-gray depressed infarct borders	Well-established granulation tissue with new blood vessels and collagen deposition

- 2–8 wk Gray-white scar, progressive Increased collagen deposition, with decreased cellularity from border toward core of infarct
- >2 mo Scarring complete Dense collagenous scar





1 day, 3-4 days, 7 days, weeks, months

RE-PERFUSION

- Thrombolysis
- PTCA
- CABG
- Reperfusion CANNOT restore necrotic or dead fibers, only reversibly injured ones
- **REPERFUSION "INJURY"**
 - Free radicals
 - Interleukins

AMI DIAGNOSIS

- SYMPTOMS
- EKG
- **DIAPHORESIS**
- (10% of MIs are "SILENT" with Q-waves)
- CKMB gold standard enzyme
- Troponin-I, Troponin-T better
- CRP predicts risk of AMI in angina patients

COMPLICATIONS

- Wall motion abnormalities
- Arrhythmias
- Rupture (4-5 days)
- Pericarditis
- RV infarction
- Infarct extension
- Mural thrombus
- Ventricular aneurysm
- Papillary muscle dysfunction (regurgitation)
- CHF

CIHD, aka, ischemic "cardiomyopathy"

- Progress to CHF often with no pathologic or clinical evidence of localized infarction
 - Extensive atherosclerosis
 - No infarct
 - -H&D present

SUDDEN CARDIAC DEATH

- 350,000 in USA yearly from atherosclerosis
- NON-atherosclerotic sudden cardiac death includes:
 - Congenital coronary artery disease
 - Aortic stenosis
 - MVP
 - Myocarditis
 - Cardiomyopathy (sudden death in young athletes)
 - Pulmonary hypertension
 - Conduction defects
 - HTN, hypertrophy of UNKNOWN etiology

AUTOPSY findings in SCD

- >75% narrowing of 1-3 vessels
- Healed infarcts 40%

• "ARRHYTHMIA" is often a very convenient conclusion when no anatomic findings are present, i.e., "wastebasket" diagnosis

HEART DISEASE

- CONGENITAL (CHD)
- ISCHEMIC (IHD)
- HYPERTENSIVE (HHD)
- VALVULAR (VHD)
- MYOPATHIC (MHD)

HHD (Left) DEFINITION: Hypertrophic adaptive response of the heart, which can progress:

- Myocardial dysfunction
- Cardiac dilatation
- CHF
- -Sudden death

NEEDED for DIAGNOSIS:

- LVH (LV>2.0 and/or Heart>500 gm.)
- HTN (>140/90)

PREVALENCE:

• WHAT % of USA people have hypertension?

PREVALENCE:

• WHAT % of USA people have hypertension?





HISTOPATHOLOG

- INCREASED FIBER (MYOCYTE) THICKNESS
- INCREASED nuclear size with increased "blockiness" (boxcar nucleus)



• EKG



ATRIAL FIBRILLATION

Summary of LVH **Criteria** 1) R-I + S-III >25 mm 2) S-V1 + R-V5 >35 mm 3) ST-Ts in left leads 4) R-L >11 mm **5** A **5** ++ other criteria **Positive Criteria:**

CHF, cardiac dilatation, pulmonaily 2=probable 3=definite venous congestion and dilatation



COURSE:

- NORMAL longevity, death from other causes
- Progressive IHD
- Progressive renal damage, hemorrhagic CVA (Which arteries?)
- CHF

HHD (Right) = COR PULMONALE

ACUTE: Massive PE CHRONIC: COPD, CRPD, Pulmonary artery disease, chest wall motion impairment

- Diseases of the Pulmonary Parenchyma
- Chronic obstructive pulmonary disease
- Diffuse pulmonary interstitial fibrosis
- **Pneumoconioses**
- **Cystic fibrosis**
- **Bronchiectasis**

Diseases of the Pulmonary Vessels

- Recurrent pulmonary thromboembolism
- Primary nulmonary

Disorders Affecting Chest Movement Kyphoscoliosis Marked obesity (pickwickian syndrome) Neuromuscular diseases

Disorders Inducing Pulmonary Arterial Constriction Metabolic acidosis

HEART DISEASE

- CONGENITAL (CHD)
- ISCHEMIC (IHD)
- HYPERTENSIVE (HHD)

• VALVULAR (VHD)

• MYOPATHIC (MHD)



- Opening problems: Stenosis
- Closing problems: Regurgitation or Incompetence
70% of all VHD

- Calcification of a deformed valve

- "Senile" calcific AS
- Rheum, Heart Dis.
- **MS**

• **AS**

-Rheumatic Heart Disease



AORTIC STENOSIS 2X gradient pressure LVH, ischemia Cardiac decompensation, angina, CHF 50% die in 5 years if angina present 50% die in 2 years if CHF present

MITRAL ANNULAR CALCIFIC • Calcification of the mitral "skeleton"

- Usually NO dysfunction
- Regurgitation or Stenosis possible
- F>>M

ARREGURGITATIONS

- Rheumatic
- Infectious
- Aortic dilatations
 - Syphilis
 - Rheumatoid Arthritis
 - Marfan
- MR

-MVP

- Infectious
- Fen-Phen
- Papillary muscles, chordae tendinae
- Calcification of mitral ring (annulus)

Mitral Valve Prolapse (MVP)

- MYXOMATOUS degeneration of the mitral valve
- Associated with connective tissue disorders
- "Floppy" valve
- 3% incidence, F>>M
- Easily seen on echocardiogram

MVP: CLINICAL FEATURES

- Usually asymptomatic
- Mid-systolic "click"
- Holosystolic murmur if regurg. present
- Occasional chest pain, dyspnea
- 97% NO untoward effects
- 3% Infective endocarditis, mitral insufficiency, arrythmias, sudden death







RHEUMATIC Heart Disease

- Follows a group A strep infection, a few weeks later
- DECREASE in "developed" countries
- PANCARDITIS

ACUTE:

- -Inflammation
- -Aschoff bodies
- -Anitschkow cells
- -Pancarditis
- -Vegetations on chordae tendinae CHRONIONCTION
- THICKENED VALVES
- COMMISURAL FUSION
- THICK, SHORT, CHORDAE





CLINICAL FEATURES

- Migratory Polyarthritis
- Myocarditis
- Subcutaneous nodules
- Erythema marginatum
- Sydenham chorea







INFECTIOUS

- Microbes ENDOCARDITIS
 - Usually Strep viridans
 - Often Staph aureus in IVD users
 - Enterococci
 - -HAČEK (normal oral flora)
 - Hemophilus influenzae
 - Actinobacillus
 - Cardiobacterium
 - Eikenella
 - Kingella
 - Fungi, rickettsiae, chlamydia

INFECTIOUS

- Acute: 50% hortality coarse days IS
- **SUB**-acute: LOW mortality (course=weeks)

VEGETATIONS

- INFECTIVE >5mm
- NON-Infective <5mm



DIAGNOSIS=MMm, Mmmm, mmmmm

• MAJOR

- Positive blood culture(s) indicating characteristic organism or persistence of unusual organism
- Echocardiographic findings, including valve-related or implant-related mass or abscess, or partial separation of artificial valve
- New valvular regurgitation

• minor

- Predisposing heart lesion or intravenous drug use
- Fever
- Vascular lesions, including arterial petechiae, subungual/splinter hemorrhages, emboli, septic infarcts, mycotic aneurysm, intracranial hemorrhage, Janeway lesions
- Immunologic phenomena, including glomerulonephritis, Osler nodes, Roth spots, rheumatoid factor
- Microbiologic evidence, including single culture showing uncharacteristic organism
- Echocardiographic findings consistent with but not diagnostic of endocarditis, including new valvular regurgitation, pericarditis



NON-infective VEGETATIONS

- <5 mm
- **PE**
- Trousseau syndrome (migratory thrombophlebitis with malignancies)
- s/p Swan-Ganz
- Libman-Saks with SLE (both sides of valve)

Carcinoid Syndrome

- Episodic skin flushing
- Cramps
- Nausea & Vomiting
- Diarrhea
- ↑ serotonin, ↑ 5HIAA in urine
- FIBROUS INTIMAL THICKENING
 - RV, Tricuspid valve, Pulmonic valve (all RIGHT side)
 - Similar to what Fen-Phen does on the LEFT side



ARTIFICIAL • MechanicaWALVES

• Xenografts (porcine)

60% have complications within 10 years





HEART DISEASE

- CONGENITAL (CHD)
- ISCHEMIC (IHD)
- HYPERTENSIVE (HHD)
- VALVULAR (VHD)

• MYOPATHIC (MHD)

• PERICARDIAL DISEASE

CARDIOMYOPATHI

- Inflammatory
- Immunologic
- Metabolic
- Dystrophies
- Genetic
- Idiopathic

- **EFEATED** (DCM)
 - SY-stolic dysfunction
- HYPERTROPHIC (HCM)
 - **DIA-stolic dysfunction**
- RESTRICTIVE (RCM)
 - **DIA-stolic dysfunction**



Normal



Dilated cardiomyopathy



Hypertrophic cardiomyopathy



Restrictive cardiomyopathy

Functional Pattern	LVEF	Mechanisms of Heart Failure	Causes	Indirect Myocardial Dysfunction (Not Cardiomyopathy)
Dilated	<40%	Impairment of contractility (systolic dysfunction)	Idiopathic; alcohol; peripartum; genetic; myocarditis; hemochromatosis; chronic anemia; doxorubicin (Adriamycin); sarcoidosis	Ischemic heart disease; valvular heart disease; hypertensive heart disease; congenital heart disease
Hypertrop hic	50–80%	Impairment of compliance (diastolic dysfunction)	Genetic; Friedreich ataxia; storage diseases; infants of diabetic mothers	Hypertensive heart disease; aortic stenosis
Restrictive	45–90%	Impairment of compliance (diastolic dysfunction)	Idiopathic; amyloidosis; radiation-induced fibrosis	Pericardial constriction

Cardiac Infections

Viruses

Chlamydia

Rickettsia

Bacteria

Fungi

Protozoa

Neuromuscular Disease

Friedreich ataxia Muscular dystrophy Congenital atrophies

Immunologic

Myocarditis (several forms)

Post-transplant rejection

Toxins Alcohol Cobalt Catecholamines Carbon monoxide Lithium Hydrocarbons Arsenic Cyclophosphamide Doxorubicin (Adriamycin) and daunorubicin

Storage Disorders and Other Depositions

Hunter-Hurler syndrome Glycogen storage disease Fabry disease Amyloidosis

Metabolic

Hyperthroidism Hypothyroidism Hyperkalemia Hypokalemia Nutritional deficiency (protein, thiamine, other avitaminoses) Hemochromatosis

Infiltrative

Leukemia Carcinomatosis Sarcoidosis Radiation-induced fibrosis

DILATED cardiomyopathy

- Chamber thickness (not just LVH)
- Adults
- Progressively declining LVEF
- LVEF ~ prognosis
- 50% die in 2 years
- 3 Main causes
 - Myocarditis
 - ETOH
 - Adriamycin





Path:

4 chamber dilatation Hypertrophy Interstitial Fibrosis

Arrhythmogenic Right Ventricular Cardiomyopathy (Arrhythmogenic Right Ventricular Dysplasia)



This is an uncommon dilated cardiomyopathy predominantly RIGHT v





 HYPERTROPHIC cardiomyopathy
 Also called IHSS, (Idiopathic Hypertrophic Subaortic Stenosis)

- **GENETIC** defects involving:
 - Beta-myosin heavy chain
 - Troponin T
 - Alpha-tropomyosin
 - Myosin binding protein C
- PATHOLOGY: Massive hypertrophy, Asymmetric septum, DISARRAY of myocytes, INTERSTITIAL fibrosis
- CLINICAL: _chamber volume, _SV, _ diastolic filling

RESTRICTIVE cardiomyopathy

- (idiopathic)
- ↓ ventricular compliance
- Chiefly affects DIASTOLE
- NORMAL chamber size and wall thickness
- THREE similar diseases affecting predominantly the SUBENDOCARDIAL area:
 - Endomyocardial Fibrosis (African children)
 - Loeffler Endomyocarditis (eosinophilic leukemia)
 - Endocardial Fibroelastosis (infants)

MYOCARDITIS

- INFLAMMATION of MYOCARDIUM
- Chiefly microbial
 - COXACKIE A & B, CMV, HIV
 - Trypanosoma cruzi (Chagas dis.), 80%
 - Trichinosis
 - Toxoplasmosis
 - Lyme disease (5%)
 - Diphtheria
- IMMUNE: Post-viral, rheumatic, SLE, drug hypersensitivity→alpha-methyl dopa, sulfas



LYMPHOCYTIC INFILTRATES are the USUAL pattern of ALL myocarditis, but eosinophils, giant cells, and even

OTHER Myocarditides

- Adriamycin
- Cyclophosphamide
- Catecholamines (Pheochromocytomas)
- Amyloid, systemic or primary cardiac
 - Congo red stain: green birefringence with polarization
- Amyloid, aging
 - Congo red stain: green birefringence with polarization
- Hemochromatosis (Prussian Blue)
- **BOTH** HYPER-, HYPO- -thyroidism

PERICARDIUM

- Normally 30-50 ml clear serous fluid
 - Visceral (epicardium)
 - Parietal (Fibrous pericardium)

– PERICARDIAL EFFUSIONS→ TAMPONADE

- Ruptured MI
- Traumatic perforation
- Infective endocarditis
- Ruptured aortic dissection

PERICARDITIS

- SEROUS: Rheum. Fever (RF), SLE, scleroderma, tumors, uremia
- **FIBRINOUS:** MI (Dressler), uremia, radiation, RF, SLE, s/p open heart surgery
- **PURULENT:** infective, bacterial
- HEMORRHAGIC: Malignancy, TB
- CASEOUS: TB
- CHRONIC: (ADHESIVE, CONSTRICTIVE)


TUMORS

- 90% benign "mesenchymal", i.e., stromal
 –MYXOMAS (LEFT ATRIUM MOST COMMON)
 - FIBROMAS
 - LIPOMAS
 - FIBROELASTOMAS
 - RHABDOMYOMA (Most common cardiac tumor in children)
- 10% SARCOMAS



Cardiac effects of NON-cardiac tumors

• Direct Consequences of Tumor

- Pericardial and myocardial metastases
- Large vessel obstruction
- Pulmonary tumor emboli
- Indirect Consequences of Tumor (Complications of Circulating Mediators)
 - Nonbacterial thrombotic endocarditis (NBTE)
 - Carcinoid heart disease
 - Pheochromocytoma-associated heart disease
 - Myeloma-associated amyloidosis
- Effects of Tumor Therapy
 - Chemotherapy
 - Radiation therapy

CARDIAC TRANSPLANT PATHOLOGY • Most patients are on

- immunosuppressives
- 5 year survival >60%

CARDIAC TRANSPLANT

